



Living a Full Life Means

Feeling your feelings—take responsibility for the content of your heart.

Telling the truth—be vulnerable and truthful with others.

Giving it to God—ask for help from others and God, and recognize that you are needy and incapable on your own.

Following life's call—pursue your heart's desires.

Submitting to authority—recognize your limitations and listen to words and guidance that helps you grow.

Acknowledging that you matter—there is nothing you can do to be more or less loved by the One who made you.

Recognizing what you value—cherish it for what it is, a gift.

Risking loss—you will find joy and success.

Enjoying success—you will find more of God.

Living fully.