



My Prayer for You

I pray that you will feel your feelings, tell the truth, and, give it to God.

I pray that you will let your tears flow and your anger create, but do no harm.

I pray that your loneliness will help you reach for those you need and help you be available to those who need you. Your loneliness will lead you to reach for intimacy with God.

I pray that your sadness will value life, and your hurt bring healing, not death, though there will be scars. Your fear will be the beginning of wisdom.

I pray that through forgiveness and change your guilt will lead you back to humility and freedom.

I pray that you will pursue these real heart truths, that your joy will be complete; and, I pray that you will long for more life and deeper truths.

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